Abstract

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Resiliency on Pilot Whose Have Tight Flight Schedule; Henny E. Wirawan, M. Hum, Psychologist, Psychotherapist, CGA, CGI, CRMP, QIA. Bachelor

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P1-P2, L1-L29).

Nowadays, Aviation is very progressive and useful to deliver passanger from

one destination to another destination, moreover Indonesia archipelago. So that,

require many airlines company and pilot to fly the aircraft. But the problem is the

number of pilots not comparable to the development of airlines company.

Because of it, pilots schedule become very tight and they almost fly everyday.

The pilot need to be resilience so they can not be stress. Resiliency is the

capacity to adapt in moments of chaos and able to use their knowledge to climb

higher level of success (Shatte & Reivich, 2006).

Purpose of the research is to know description of pilot resilience and what

make them become resilience. By using mix method, participants consist of 89

pilots in quantitative method and 3 pilots in qualitative method on Indonesian

airlines company. The research was implemented on one of the largest airlines

company. The result has found that pilot has high on resilience and family is one

of most influence their resilience.

Keywords: Resiliency, Pilot.

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