

ABSTRACT

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The Description of Stress and Coping Stress for Blind People in Early Adulthood who Suffer from Discrimination in Work Environment; Widya Risnawaty, M.Psi.; S-1 Psychology Major, Tarumanagara University, (i-viii; 110 Pages; R1-R5; Appdx 1-15)

The purpose of this research is to understand about stress and coping stress for blind people in their early adulthood who suffer from discrimination in the working environment. Blind people have a sense of sight which can not work perfectly. Non-disabled people think that they are different because they have such speciality. This assumption caused them to be treated differently by the non-disabled, including in the working environment. Four blind people who are in their early adulthood (age between 20 - 40 years old) who had a job and got discriminated in their work environment is being interviewed. This five months (February - June 2014) research shows that dicrimination in the working environmet is one of their stressor in life. Two subjects choose to use emotion focus coping. One subject choose to use problem focus coping, another subject is using the mix of all the coping method. The differences between all the coping stress is the time they suffer from blindness, which vary amongst the subjects.

Keywords: Stress, Coping Stress, Blind people, Discrimination.