

## ABSTRACT

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***Coping stress* in mother who experienced the death of her adolescent by motorcycle accident; Niken Widiastuti, M. Si., Psi; Undergraduate Program in Psychology, Tarumanagara University, (i-x;125 Pages; R1-R4; Appdx 1-29).**

The sudden death of family member could lead to painful grief and bereavement for the family because there is no time to be prepared. Especially the death of child to parents, foremost the mother who have been took care the child from childhood. Sudden death with the cause of motorcycle accident is often happen. Such events could cause stress for the mother. Stress is an individual's response to changes of environment and events that threaten their coping abilities (King, 2010). One of the way to reduce stress is by coping. Coping is a constant effort to change one's behavior and cognitive to manage external and internal demands that appraised as something heavy or exceeds human resources (Lazarus & Folkman, 1984). This study aims to describe mother's coping stress who experienced the death of her adolescent by motorcycle accident. This study lasted for nine months, started from September, 2013 until June, 2014. Screening about the chronology and stress was done to three mothers who fulfill criteria. After that, in-depth interviews have been conducted to all of the participants. This study shown a result that the three participants are able to coping stress, although there is one of the participant that are still dissolve in grief.

Keywords: Grief, Bereavement, Stress, and Coping stress.