

ABSTRACT

Levina Apriyati Sutiono (705100012)

Stress and *Coping* Stress in Pregnant Woman with Hypertension in Pre-Delivery Moment; Debora Basaria, M.Psi; Undergraduate Program In Psychology, Tarumanagara University, (i-xi; 173 Halaman; P1-P4; L1-12)

Pregnancy is considered as a stressor in woman's life, especially when the pregnancy followed by particular medical conditions, such as hypertension. The fact that pregnancy woman with hypertension has a higher risk than pregnancy woman without hypertension make pregnancy woman feel stress. Stress is an experience or emotional condition which is felt by person when the resources is not enough to accomplish the demand (Agoes et al., 2003). Because stress can give bad impact to pregnancy woman, it is important for pregnancy woman to do *coping*. This research aim to know the stress and coping stress in pregnancy woman with hypertension, especially in pre-delivery moment. This research has three respondents and done in around four months. Globally, results show that pregnancy woman tend to use emotion focused coping than problem focused coping, such as praying, read the scripture, listening music, watch television, increasing activities or sleep. Every activity is done to achieve serenity and loosen the stress.

Keywords: stress, coping stress, pregnancy, and hypertension