

## **ABSTRACT**

**Hendry Cahaya Wahyudi (705040066)**  
**Stress Coping on Male Teenager who Undergo 4 years Sentence for Drug Abuse; (Meiske Yunithree Suparman, M. Psi); Undergraduate Program In Psychology. Tarumanagara University, (110 pages; R1-R5; Appdx. 1-15).**

Situation living in prison is filled with pressure and boredom. In enduring punishment for drug abuse, many prisoners are stressful for unpleasant treatment and boredom in enduring the punishment. It is because of less control of prison environment and space limitation to move. Stress, which is experienced by prisoners, also caused by missing family outside and doing same routines frequently in prison. In dealing with stress, prisoners use problem focused coping and emotion focused coping. This research involves five male subjects, age between eighteen to twenty year, with elementary school as minimum level education, and has been undergone punishment for at least two years in prison. This research is conducted by interview since July until September. Outcome of research indicates that subjects experience stress while undergo punishment in prison and doing stress coping, especially seeking social support and escape-avoidance.

Key words: stress, stress coping, prisoners, and prison.