

## ABSTRACT

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Friendship as a Method to Prevent Loneliness for Widows who Living in a Nursing Home (Henny E. Wirawan, M.Hum.,Psi.); Bachelor Degree, Department of Psychology, University of Tarumanagara. (79 Pages, R1-R3).

When the people face late adulthood period, people face an ageing process, which disturb them in doing their activities. This can be make late adulthood people need a support from their family, in fact, so many children sending their parents into the nursing home. According to Laengle dan Probst (quoted in Gunarsa, 2004), this problem cause the feeling of loneliness and . Writer try to take friendship as a coping to prevent feelling of loneliness in late adulthood people who living in nursing home. Writer want to know effectivity of friendship to prevent loneliness. There are four subject in this research. Characteristics of subject in this research are women above 65 years old, widows, and live in nursing home because her family's desire. Result of this research indicate that subject feel loneliness and need social support from inside and outside nursing home for doing their activities everyday. From the result of interview processes, relation with friend in nursing home make subject forget about their feel of sadness. Their friends in nursing home also help to prevent feeling of loneliness.

Keywords: Friendship, Loneliness, Late Adulthood Women, Widows, Nursing Home.