

ABSTRACT

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Coping Behavior on Role Conflict of Full Time Working Mothers After Delivery of First Born Babies to 3 years.

(Roswiyani P. Zahra, M.Psi); Study Program Bachelor Degree of Psychology, Tarumanagara University, page 1-97, P1-P6.

Previously the role of a woman was a housewife. Nowadays more women work as full timer outside the house. A number of them have babies, and children between 0 to 3 years old need more attention from parents since this is the most important period of physical, psychological and spiritual development. The full time worker mothers who have those children may have role conflict. This research is aimed at finding the role conflicts of the mothers and what kind of coping behaviors they have in dealing with such conflict. Five (5) participants of mothers (age 25-35 years) participated in this qualitative research. The screening process of the 34 participants used Work Family Conflict Questionnaires. The result indicates that the most effective coping behavior on dealing with such conflict is self acceptance and self activeness.

Key words: coping behavior, role conflict, working women.