

## **ABSTRACT**

**IRENE**

**Subjective well-being of middle adulthood women who are breast cancer survivors. (Miniwaty Halim, M.Psi., & Dra. Ninawati, MM); Psychology Study Program. Bachelor Degree. Tarumanagara University. P1-168, L1-L22.**

This research is do to find out the subjective well-being of middle adulthood women who are breast cancer survivors. Subjective well-being is defined as frequent experiences of positive affect, infrequent experiences of negative affect, and high self-reported life satisfaction. Breast cancer survivors are people who are able to survive at least five years post-latest treatment. This research used in-depth interview method involving five middle adulthood women who has survived 5 to 23 years. Based on the interview, it is found that each subject has a different subjective well-being, which is influenced by factors such as global life satisfaction and satisfaction in specific area (in this case financial satisfaction, marital lives, spirituality, & health), more frequent positive affect than the negative one, and also individual characteristics (i.e., self-esteem, sense of perceived control, extroversion, optimism, positive social relationships, sense of meaning and purpose in life, and resolution of inner conflict) which is best to predict about someone's happiness and satisfaction in life.

***Keywords: Subjective Well-Being, Middle Adulthood, and Breast Cancer Survivors***