

ABSTRACT

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Psychological Well-Being of Young Adulthood Women as a Part of The Polygamy Family; (Miniwaty Halim, M. Psi; Dra. Ninawati, MM); Undergraduate Program in Psychology Tarumanagara University (102 pages, P1-P3, L1-L17)

The aim of the research is to acknowledge psychological well-being of young adulthood women as a part of the polygamy family. Psychological well-being is a level of psychology welfare marked by ability to achieve happiness, life satisfaction and no signs of depressions. There are six dimensions of psychological well-being which consist of self acceptance, positive relation with others, autonomy, environmental mastery, purpose of life, and personal growth. Polygamy is a marriage system that allows an individual to have more than one spouse simultaneously. The research implies qualitative method by conducting interviews to four subjects. The subjects are Tionghua ethnic women around 20-25 years old who come from a polygamy family background. Based on the result of the research, it's concluded that a woman who is from a polygamy family is having lack of capability to show psychological well-being in dimentions of self-acceptance, positive relation with others, and personal growth.

Keywords: Psychological well-being, Young adulthood women, Poligamy, ethnic Tionghua