

## ABSTRACT

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**Correlation between Emotional Intelligence with Self-adjustment of Adolescents in The First Year of College Students. (Niken Widiastuti, M.Si., Psi. & Dra. Ninawati, MM.). Bachelor Degree, Faculty of Psychology, Tarumanagara University. (80 page, R1-R4, L1-L44).**

Emotional intelligence is the ability to use emotions effectively to achieve goals, to think and act appropriately in expressing emotions, and has good skill in social relationships with others. Self-adjustment is a natural and dynamic process aimed at changing individual behavior to occur more appropriate relationship with environmental conditions. This study aims to determine the correlation between emotional intelligence and self-adjustment of adolescents who become a new college student. The subjects in this study amounted to 147 persons. Collecting data using non-probability sampling methods with the technique of purposive sampling and convenience sampling. Based on data analysis, showed that the magnitude of correlation between emotional intelligence and self-adjustment are 0.794 and  $p = 0.000 < 0.01$ , meaning there is a high positive and significant correlation between emotional intelligence and self-adjustment.

Keywords: Emotional intelligence, self-adjustment, and new college students.