

## ABSTRACT

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**Self Adjustment of Young Adult Woman Who Have Infertile Husband; (Henny E. Wirawan, M. Hum, Psi., QIA); Undergraduate Program In Psychology. Tarumanagara University, (76 pages; R1-R3; Appdx. 1-11).**

Adjustment is a process of individuals interacting with self, others and the environment so that it can happen that the process of adaptation to change and manage the challenges faced in everyday life. Young adult women who have infertile husband should be able to adjust themselves in order to create harmonious relationships with self, husband, family and social environment. This research was done to 4 female subjects who are between 30-40 years old. This research was done by doing an in-depth interview to the subject which had done for 5 months, since 15<sup>th</sup> January 2010 until 24<sup>th</sup> May 2010. This research shows that adult women can make the adjustment early after learning that their husbands experiencing infertility. Research also shows that early adult women have ways to reduce the pressure of their problems and can accept the situation with a good husband.

Keywords: self adjustment, young adult woman, infertility