

## ABSTRACT

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Adjustment Teenager Who Lived in The Orphanage; (Debora Basaria, M.Psi  
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Focus of this study is to understand the adjustment teenager who lived in orphanage. Adjustment is an ongoing process of every individual life, including an orphanage teenager. The cause of each individual who lives in an orphanage as one as because one parent had died and because of economic factors. Most individuals who live in the orphanage, it is important to perform self-adjustment in order to run activities. But in making the adjustment process, some constraints can be experienced by individuals who can affect the adjustment process. This study used the theory of Haber and Runyon (1984) concerning the characteristics of a healthy adjustment. The data collection process conducted between January 2010 to April 2010. The subjects used in this study as many as five people, where three female subjects and two male subjects. The study was conducted at four different orphanages. The five subjects had lived in the orphanage for one to three years. Based on survey results revealed that there was only one subject with self-adjustment in accordance with the characteristics of healthy subjects, while four others have problems at some of these characteristics. There are similar results obtained from the five subjects namely after their stay at the orphanage they become more independent and can manage his own life.

Keywords: Self Adjustment, Adolescent, Orphanage.