ABSTRACT

Christy Lokajaya.

The illustration of subjective well-being for widow whose husband has passed away (Naomi Soetikno, M. Pd., Psi.; Widya Risnawaty, M. Psi.). Bachelor Degree, Psychology (p. 1-196, P 1-6, L 1-23)

This research is intended to reveal illustration of subjective well-being (SWB) for widow whose husband has passed away. SWB is defined as a person's cognitive and affective evaluations of his/her life. A person can give evaluative judgments about his/her satisfaction with life as a whole, and evaluative judgments about specific aspects of his/her life. Widow is a woman who gets divorce or whose spouse has passed away and who has no remarried. This study uses a qualitative method that is in-depth interview within five respondents. The respondents of this research are widows whose husband have passed away 3 to 5 years ago, aged 40-65 years old, have child, and have job. The results of this study states that most respondents have positive SWB when they judge their life as a whole and most subjects have positive SWB when they judge specific aspects related to the problems/changes in the life of widowed. The specific aspects related to the problems/changes in the life of widowed are mental, health, behavior, financial, role in household and social relationship. SWB most respondents experienced a decrease in mental aspect, health aspect, financial aspect, and role in household, while SWB most subjects experienced an increase in behavior and social relationship aspect after their husbands have passed away. The results of this study also found that positive self-esteem, extraversion, and positive relationship become the most important predictors for the widow to have positive SWB.

Keywords: subjective well-being, widow