

## ABSTRACT

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**Resilience in young adult Former drug addict when in recovery process. Dr. Fransisca Roesmala Dewi, M.SI; Undergraduate Program in Psychology, Tarumanagara University, (i-x; 130 Pages; R1-R3; Appdx 1-27)**

Drug addicts that want to be freed from drug will experience some of problems while in recovery process, so that they needed toughness or state to emerge from suffering because of drugs. The condition is called resilience. Resilience has seven characteristics (Revich & Shatte), namely: a) emotional regulation, b) impulse control, c) optimism, d) causal analysis, e) empathy, f) self-efficacy, and g) reaching out. The process of recovering drug addicts through a phase of detoxification, rehabilitation, and follow up (Sasangka, 2003). The aim of this research was to describe the resilience of a young adult former drug addict when in the recovery process. Subjects were five people aged 20 to 40 years old. Qualitative methods of data collection techniques used by in-depth interviews, and conducted over three months (February-April 2016). Conclusion The results of this study showed that increasing the recovery phase, the more visible characteristics of resilience.

Keyword: Resilience, Former Drug addicts, Young Adult, Recovery process