

ABSTRACT

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Effectiveness of Orff-Schulwerk Music Therapy to Improve Non-Verbal Communication Skills of Children With Asperger Syndrome (Dr. Monty Satiadarma MS/AT, MCP/MFCC, Psi. & Debora Basaria, M.Psi.); Psychology Study Programme, Postgraduate Programme, Tarumanagara University; p. 181

The purpose of this study is to improve the non-verbal communication skills of children with Asperger disorder through Orff-Schulwerk music therapy interventions . The research method used is a method of case study as the main method and quantitative research methods as support. Case study methods used are observation and in-depth interview, while the quantitative research method used is the measurement of non-verbal communication. Three aspects of non-verbal communication which is measured are the haptics (HA), kinesics (KN), and vocalics (VC) aspects. Number of subjects used in this research are 3 children, which consists of two boys and one girl who collected using purposive sampling techniques. Results of Orff-Schulwerk music therapy methods which is conducted as much as ten sessions with a duration of 30 minutes each session and given twice a week is quite effective in improving the ability of non-verbal communication two from three subjects, namely the subject of one and three. Subject one experienced an increase of 50% for the HA and KN aspect, and 27% for the VC aspect. Subjects three experienced an improvement of 56% for the KN aspect and 27 % for the VC aspect.

Keywords: Asperger disorder, Orff-Schulwerk music therapy, non-verbal communication

References: 31 (1998-2008)