ABSTRACT

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The Application of Reality Therapy to Improve Interpersonal Relationship Ability for Children in PSMP H (Prof. DR. Samsunuwiyati Mar'at, Roslina Verauli, MPsi); Postgraduate Program of Psychology Major in Child Clinical Psychology, Faculty of Psychology, Tarumanagara University. Page 1-139, p1-p4.

Most children in Panti Sosial MP H (PSMP H) are claimed on having difficulties in their interpersonal relationship with their peer in PSMP H, caretakers, and family. As seen in their daily activities, children in PSMP H perform their social relationship in a less-mannered way, such as teasing each other, disturbing others that caused into quarrel or fight among them. One of intervention can be applied to improve their lack of ability in performing well-mannered interpersonal relationship is reality therapy. This research applied single subject design with AB model. The application of reality therapy was employed to one male participant aged 14 years 3 month resides in PSMP H. Participant is known of having difficulties in his interpersonal relationship. In this research, researcher implement reality therapy to improve participant's ability in performing his interpersonal relationship focusing at one particular component of interpersonal relationship, that is self-disclosure. The intervention was conducted in four sessions for four days. Each session was assigned to formulate four stages of reality therapy, known as WDEP. Based on the result of this research, reality therapy was proven effectively applied to improve the ability in performing interpersonal relationship, particularly in self-disclosure.