

ABSTRACT

LIDYA NATALIA HEKSAN. "THE ROLE OF ART THERAPY TO REDUCE CHILD ANXIETY WITH DIVORCE PROBLEM (DIVORCE IS LESS THAN 3 YEARS)"

Pages number xi + 116 pages + 16 draws + 3 tables

Lecturer : Dr Monty Satiadarma, MS/AT, MCP/MFCC, PSI

Roswiyani, P Zahra M.Psi

Divorce parents are increase in many later years. Although, divorce is a tragic and very unpleasant. Divorce can be an anxiety source. Divorce may cause a big change in human life, it also change the routines. This problem make children have to adaptation. Divorce is a major problem that cause children anxiety. Divorce will determine children behavior and personality in later years. Most of divorce children, show a emotion problems because they can not express their emotion. And it can be a potential problem in the future.

The critical period is under 3 years. In this time children are full of anxiety feeling. Early intervention will give a maximal result. Anxiety is an unpleasant feeling, full of worry and fear about the future with a physical reaction. This anxiety shown clearly in middle childhood because in this period most of them are in the social group. Art therapy is an exact therapy for children in this common problem. Art therapy is a fun, it can give a maximal process without much words. Art therapy helps children to understand their problems and to find a solution to handle their anxiety.

Key words :divorce, *middle childhood*, *art therapy*

Library : 45 (1980-2009)