ABSTRACT

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The Application of Art Therapy in Reducing Symptoms of ADHD (Attention Deficit Hyperactivity Disorder) on Early Childhood. (Dr. Monty P. Satiadarma, MS/AT, MCP/MFCC, Psi.); The Faculty of Psychology, Master Program, Majoring in Clinical Psychology Tarumanagara University (85 pages + P1-P2).

This research is aimed to know the application of art therapy in reducing symptoms of ADHD on early childhood. The symptoms of ADHD includes inattentiveness, hyperactivity, and impulsiveness which cause imbalances in most of life activities. Art therapy as a form of therapy that can assist children with developmental problem or learning disabilities such as ADHD. This research was concluded within 7 weeks, from April 2008 until May 2008. The participants consisted of 5 children with ADHD. The result on 2 subjects indicates that collage has advantages as pleasant activity, as a medium to express feeling, assisting to improve concentration, improving ability to follow instructions, and assist to control motor function.