

DWI SARIWATI, S.PSI

Therapy of Adler is to increase the social interest at early adolescent which diagnose of conduct disorder. (Prof. Dr. Samsunuwiyati Mar'at, Psi dan Roslina Verauli, M.Psi); The Faculty of Psychology, Master Program, Majoring in Clinical Psychology Tarmanagara University (95 pages + P1-P4)

Adler has a notion that social interest is important to be owned because individual as social creature righteously can have the interaction, positive contribution to his social environment, and behave as according to standard of positive norm in society. Early Adolescent which diagnose of conduct disorder is characteristic behaviorally has less social interest. Therapy of Adler has been proven to improve social interest at adolescent diagnose of conduct disorder. The execution of Therapy of Adler consisted of 10 steps which divisible by 5 phase: support, spirit, insight, changing and challenging which cover cognitive and affective aspect. Execution applied is quicker than 20 session which scheduled by as much as 5 session. Duration of efficacy of therapy is influenced by desire to be change, reciprocal attitude from environment and feeling happy.