

# **The Meaning of Life Identification Through Job Satisfaction and Career Commitment (Study on The Journalistic Profession)**

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## **Abstract**

The objective of the study was to determine and identified the relationship between the three variables, namely: the meaning of life, job satisfaction, and career commitment. By knowing and identifying the relationship among the three variables, researcher further intended to obtain a basis for a psychological intervention. Meaning of life is a concept of cognition and affection of individuals towards their life in general or to various events they have to deal with. Job satisfaction is regarded as an emotional thought or attitude describing the level of happiness, like or dislike, or positive-negative feelings based on the cognitive and affective evaluation on the job. Career commitment is a person's psychological involvement on the job. This research was conducted on 73 journalists from various media in Jakarta. The result showed that participants tend to feel satisfied with their job, and they also tend to have commitment to mark in their career as journalist. From this study, there were two items of meaning of life that is consistently related with both job satisfaction and career commitment. The two items were "In my life I must achieve", and "in my life I don't have to serve others". Thus, we can say the more journalists perceived in their life they must have an achievement and they don't have to serve others (in other words, having more autonomy in life), the higher they perceived their job satisfaction and the better career commitment they have.

Keywords: meaning of life, job satisfaction, career commitment, journalist