

**APPLICATION OF BEHAVIOR MODIFICATION TECHNIQUES FOR
IMPROVING THE PERFORMANCE URINATE INDEPENDENTLY IN CHILDREN
MENTAL RETARDATION**

HANNA AMALIA

Dr. Monty P. Satiadarma, MS/AT, MCP/MFCC, DCH., Psi (Co-Researcher/Co-Author 1)-1

Denrich Suryadi, M. Psi (Co-Researcher/Co-Author)-2

UNIVERSITY OF TARUMANAGARA

Abstract

One of the adaptive ability of which most important is toilet training, because the skills associated with independence and acceptance in the social environment. No exception for children with moderate levels of mental retardation or able to practice, because later they will live in the community. So must be able to live independently and not depend on others. With all its limitations, mentally retarded children can be trained to toilet training. Appropriate ways to enhance the ability of independently toileting is behavior modification. The study was conducted on two children with moderate mental retardation category bad toileting skills. This study uses chaining technique by giving positive reinforcement. Evaluation using a multiple baseline design study conducted at the school. The results prove that the application of behavior modification, particularly given the positive reinforcement has not been able to improve the ability to pee (urinate) independently. Nevertheless there are still changes that occur during the given positive reinforcement

Keywords: Toilet Training, Mental Retardation, Behavior Modification, chaining, Positive reinforcement