ABSTRACT

Budiman Hadi Pranoto, S. Psi. "Application of cognitive behavioral therapy at the late adolescence of the marijuana abuse (male children from Andik

Lapas Tangerang) in reducing the tendency of craving"

(ix + 105 pages + P1-P2)

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Cannabis is a type of drug most widely abused because it is more easily

available and less expensive than other drug types. Yayasan Cinta Anak Bangsa

survey showed that cannabis abuse is that most adolescence. Trespasser

cannabis often experience a relapse, so they are back to using marijuana. One of

the factors that influence it is how to deal with craving that appear on the self-ex-

injecting it. Success against craving that appear can affect the occurrence of

relapse or not. Cognitive behavioral therapy (CBT) is one therapy that helps ex-

injecting to deal with craving that arise. CBT done through an approach based on

individual feelings and response to an event that can not be separated from the

understanding and the individual views of marijuana. Research subjects

amounted to 2 individuals, the male child from Lapas Tangerang. Based on the

results of therapy known that CBT could help in reducing marijuana abuse trends

craving.

Keywords: Marijuana abuse, craving, cognitive behavioral therapy

References: 35 (1991-2009)

111