

ABSTRACT

ISRAELE EUAGGELION. “PLAY THERAPY TO IMPROVE SELF-ESTEEM OF CHILDREN ORPHANAGE” (Soemiarti Patmonodewo and Naomi Soetikno); Psychology Study Programme, Postgraduate Programme, Tarumanagara University; p.100

The aim of this study is to investigate the effectiveness of play therapy to improve self-esteem of children orphanage. There are five dimensions of self-esteem: global, body image, family, social, and academic. Play therapy is a technique that uses toys or games for children to perform freely and express their feelings. With humanistic approach, children are expected to learn to believe in themselves and find insights to solve the problems. Thus, the child will learn to build self-esteem and have positive feelings about themselves. This is a single case study of orphan who had never met his parents. The data is gathered by doing observation, interview, and using questionnaire method. The result shows that play therapy that conduct for six session is effective to improve self-esteem of children orphanage who had never met his parents.

Keywords: children, orphan, self-esteem, play therapy.