

ABSTRACT

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Self-adjustment of Students who Following Acceleration Program. Study in Junior High School Students of South Jakarta (Dra. Fransiska I. R. D. M. Si & Rahmah Hastuti, S. Psi); Bachelor Degree in Psychology, Tarumanagara University (148 pages, P1-P4)

Acceleration program is accelerate program in special class. Junior high school student who following acceleration program might be facing maladjustment because of the demand and load. So, student need to have a healthy adjustment. This research have a purpose to describe self adjustment of junior high school student in facing the demands like academic demand, social demand, and emotional pressure which student feel when they following acceleration program. This research use quantity and quality design, which quality design as the main design. Quantity data acquiring from 78 acceleration junior high school students using self-adjustment theory by Haber and Runyon. Quality data acquiring from 4 students who have the highest and the lowest score of self-adjustment. The result of quantity data is junior high school student who following acceleration program have a healthy adjustment. The result of quality data show that students who have healthy adjustment have the five characteristic of healthy adjustment, which are have good perception about reality, capable to handle stress and fear, have a positive self-image, capable to express the natural emotion, and have good relationship with others. Meanwhile, students who doesn't have healthy adjustment only have one characteristic of healthy adjustment, which is have a positive self-image.