

A Logotherapeutic Approach for the Lonely Elderly Women in Nursing Home

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Abstract

According to logotherapy, the will to meaning in one's life is the primary motivational force in man. Negative life events may threaten perceptions about meaning in life. For elderly, nursing home admission can be perceived as one of those negative life events, which consequently brings negative feelings, including loneliness. The objective of this study was to find out about the effectiveness of logotherapeutic approach to the lonely elderly women in the setting of nursing home. The participants of this study were two nursing home residents at 72 and 66 years old. They have been lived at a nursing home at West Jakarta for over than 5 and 7 years. Result showed that logotherapy has limitation on being used for the lonely elderly women in nursing home in Indonesia and on concrete operational person.

Keywords: elderly, loneliness, nursing home, logotherapy