

EFFECT OF EXPERIENTIAL LEARNING TRAINING PROGRAM TO ANGER MANAGEMENT SOCIAL SKILL IMPROVEMENT OF ELEMENTARY STUDENTS

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Abstract

The aim of this research was to find out the effect of experiential learning training program to anger management social skill improvement of elementary students. Anger management social skill was measured by participants behavior score observed when participants got angry. High score observation from means low anger management and low observation score means high anger management. Training program was held using experiential learning, consists of storytelling, roleplay, experiential simulation, and reflective practice which were given to experiment group only.

Participants of the research were twelve of fourth grade students aged ten until eleven years, which were grouped to experiment group and control group. Participants were determined by purposive sampling. Datas were taken by sosiometric, interview, and observation. Those datas were analyzed by paired sample t-test and independent sample t-test.

The results of this research showed that hypothesis was accepted. It meant that there is a significant effect of experiential learning training program to anger management social skill improvement of elementary students.

Keyword: anger management, social skill, experiential learning.