

## ABSTRACT

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**Connection between *self efficacy* and the athletics achievement of mentally retarded athlete (Dr. Monty P. Satiadarma, MS/AT, MCP/MFCC); Study Program of Psychology. Program Sarjana Strata Satu, Tarumanagara University.**

Keywords: Self Efficacy, Achievement, Mental retardation

The Purpose of this research is to find the relationship between self efficacy and achievement on Special Olympic athletes (mental retarded). Self Efficacy is a person's evaluation on his or her capacity to accomplish a task. Achievement is the score to evaluate a person's capacity to have a certain ability. The Special Olympic athletes consider that the function of achievement is for the self and family pride. This quantitative correlational non-experiment research uses questionnaire on 26 participants. The statistical analysis uses Spearman rho correlation. Results indicate that  $r(26)=0.042$ ,  $\rho=0,840>0,01$ , thus there is no correlation between self efficacy and achievement on Special Olympic athletes.