

ABSTRACT

Ellen

Differences among anxiety of pregnant women's in the first, second, and third trimester, (Zamralita, MM., Psi & Mardiana, Psi.); Bachelor Degree, Faculty of Psychology, Tarumanagara University. (67 pages, i - xii, P1 - P5, L1 - L49).

First pregnancy is a new start in women's life, so it can make them happy and anxious at the same time. Anxiety is unpleasant feeling such as worried and fear related to autonomic impulse of nerve system and it is subjective. The objective of this research was to seek differences among anxiety of pregnant women's in the first, second, and third trimester. This research used quantitative method with 240 first pregnant women's participants. Collected data has been processed with SPSS 12 program (One Way anova). The result of this research show that there were no differences among anxiety of pregnant women's in the first, second, and third trimester $F = 0.540$ dan $p/ \text{sig } 0.584, p > 0.05$.

Keywords: anxiety, first pregnancy, trimester.