

Abstract

Implementing Time-out to Decrease The Hitting Behavior Towards Friend In Pre-School Children

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Time-out is one of behavioral modification methods used by teachers to overcome problems that occur in the classroom such as aggressive behavior, tantrum, or any behavior that does not fit into the class norm. The time-out procedure is done by secluding the child from a pleasant social stimulus for a brief periode of time. The implementation of time-out in this research is to decrease the hitting behavior towards friends in pre-school children. The result of hitting frequency of the participant between the baseline phase and the intervention phase. The average of the hitting frequency on the baseline phase is $f_x = 1.33$ whereas on the intervention phase, the average of the hitting frequency is $f_x = 0.25$. The result shows that the average of the hitting frequency is decreasing during intervention phase. The hitting behavior of the participants is decreasing in twelve sessions of intervention during school hours.

Keywords : Time-out, the hitting behavior towards friends, pre-school children