

## **The Application of Logotherapy to Improve Self-Esteem in Men Young Adult Patients with HIV**

Rina Triwardhany, S.Psi.  
Dr. Monty P. Satiadarma, MS/AT., MCP/MFCC., DCH., Psi.  
Widya Risnawaty, M.Psi., Psi.  
Tarumanagara University

### **Abstract**

The aim of this research is to obtain more information about the role of Logotherapy in improving self-esteem of young adult male who suffer from HIV. Logotherapy is a form of psychological or psychiatric treatment that contains spiritual, somatic and psyche dimension within an individual, and considers that the will to meaning is the main motivation for a person to achieve meaningful life. Self-esteem is a personal positive or negative evaluation of the self that includes dimensions of performance self-esteem, social self-esteem, and physical appearance self-esteem. HIV is a form of terminal illness which influence individuals in dealing with life in the society. They who suffer from the illness tend to lose their meaning of life. Three (3) individuals participated in this research and through Logotherapy their self-esteem was improved. Based on the results of research found that the three research participants experience an improvement in self-esteem. Self-esteem third research participants tended to increase based on measurements SSES (State Self-Esteem Scale). Thus it can be inferred that the implementation of living logotherapy on a person with HIV can improve their self-esteem.

*Keywords: Logotherapy, Self-Esteem, HIV/AIDS*