

ABSTRACT
The Application Of Client-Centered Play Therapy
(CCPT)
In Reducing Aggressive Behaviors In Early Childhood

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This research is aiming to reduce aggressive behavior in early childhood using Client-Centered Play Therapy (CCPT). Qualitative approach with single case design (n=1) is used. Subjek is a 4 years old girl (A) who shows aggressive behavior. Data are collected by observations and interterviews inside and outside classroom. Interviews are performed to teachers and parents. The results show that CCPT is capable to reduce aggressive behaviors in early childhood after carrying out 15 sessions of 60 minutes intervention. Intervention consists playing therapy with subject, by giving privilage to subject for choosing any toy and how to play it. This method is also known as non-directive. Data from pre-test and post-test are measured by CBCL. Before the intervention, the subject scored 19 for her aggressive behavior. After the intervention, there is a decrease of this aggressive behavior, where she showed a normal aggressiveness rate of 9. This result shows that CCPT is capable for reducing A's aggressive behaviors.

Keywords : CCPT, Aggressive Behavior, Early childhood