

The Role of Peer Support and Self-Regulated Learning toward of College Student's Academic Adjustment at The Boarding Service Institute XYZ

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Abstract

Adjustment in transition from high school to university is the important thing. New students will face various challenges. One form of adaptation at the university is academic adjustment. The phenomenon that occurs in students first years at the boarding service institute XYZ is highly relevant to academic adjustment. The relatively heavy burden of lecturing materials with drop out systems per semester and boarding life with all the dynamics, are not easy things for new students to pass through. Based on the results of previous research and the phenomenon that occurred in the boarding service institute XYZ, the author wanted to know how the role of peer support and self-regulation learn to their academic adjustment.

Self-regulation of metacognitive learning is known to be the main predictor of academic adjustment but has not been studied whether peer support can contribute in determining the level of students' academic adjustment. The purpose of the research is knowing that the role of peer support and self-regulated learning toward the students' academic adjustment. The phenomenon related to academic adjustment at the boarding service institute XYZ becomes a recurring problem and is important to be resolved, within the broader scope, the characteristics of participants have not been studied a lot ie students in Higher Education of the Department. Participant are 97 college students freshmen. Sampling using non-probability techniques. Data analysis technique is multiple regression test, with 2 independent variables and 1 dependent variable. The results show that peer support and self-regulated learning have a role simultaneously to the students' academic adjustment at the boarding service institute XYZ, where peer support variable has a greater role than the self-regulated learning variable.

Keywords: *academic adjustment, peer support, self-regulated learning, boarding service institute.*