

ABSTRACT

Domestic violence is a form of violence that is common to be experienced by women 25 to 40 years of age. Anxiety is one of the emotional reaction that follows when a women experiencing domestic violence. Anxiety in a women who experience domestic violence are scaled with the Hamilton Anxiety Rating Scale (HARS) and are viewed from the cognitive, somatic, motoric and affection symphoms. This research are using qualitative methods to describe the rating of anxiety and quantitative method to look on the decreasing of anxiety level with the use of art therapy method from womens who is the victim of domestic violence. The subjects of this research are two womens who's already divorced and experiencing domestic violence in the form of physical, sexual, psychic or verbal and neglection of the family. The sampling technique using purposive sampling method. Giving art therapy on each subjects was done as many as seven sessions. In this research, art therapy has proven that are effective to decrease the anxiety from the victim which is shown by the level changing of anxiety before and after intervention. The success rate from the art therapy are also influenced by the awareness from each subjects to consistently go through the therapy.

Key word : *art therapy, anxiety, domestic violence*