

## **ABSTRACT**

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**Description about Subjective well-being in college student Psychology Faculty Tarumanagara University (Zamralita, MM., Psi)  
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Subjective well-being is an evaluation of life quality through cognitive (life satisfaction and special domain life satisfaction) and affective (positive affect and negative affect). In colloquial term, subjective well-being is labeled "happiness". People high in subjective well-being on average have a number of desirable qualities, such as good emotional control, and face many things on their lives with a better way. Therefore, high subjective well-being plays an important role in late adolescent who is crossing the life span, from student through college student. Some factor that influence subjective well-being in college student are family and friends. This research's aim is to know description about subjective well-being in college student. The method in this research is quantitative with accidental sampling techniques. The research was conducted to college student in Psychology Faculty Tarumanagara University and involved 160 college students who were attended on group dynamics lesson class. The data was processed with SPSS 12.00 and was computed with descriptive. Then it was known that mean score was 3,0960 (sd = 0,26449). Based on that result, there is high level subjective well-being in college student.

**Keywords:** Subjective well-being, college student