

ABSTRACT

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Correlation between job satisfaction and psychological well-being among employee. (Zamralita, MM, Psi. and Putu Tommy Yudha, M.Si., Psi.); Study Program of Bachelor Degree, Faculty of Psychology at Tarumanagara University. (1-82 page, R1-R3).

The purpose of this research is to find out the correlation between job satisfaction and psychological well-being among employees. Job satisfaction is an outcome of employee's feels and thoughts about appraisal of the job, which occur as a result of interaction with work environment, sort of job, and job performance. Psychological well-being is evaluation of a condition from individuals that have personal growth, self-acceptance, positive relations with others, autonomy, purpose in life and environmental mastery. This research is adapting job satisfaction theory by Mulinge and Mueller called exchange theory and psychological well-being theory by Carol D. Ryff. The data was collected from 94 employees in Jakarta. The result of data analysis shows that correlation between job satisfaction ($M = 1,77$, $SD = 0,25$) and psychological well-being ($M = 3,75$, $SD = 0,05$) is $r(92) = 0,456$, and $p = 0,000 < 0,01$. This result means, there is a positive correlation between job satisfaction and psychological well-being. In other words, for more employee feel satisfied about their job, for will be better their psychological well-being.

Keyword: job satisfaction, psychological well-being, employee.