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Stress Level Differences on College Student Who Was Writing Thesis Regarding Their Type of Personality. (Zamralita M.Psi, Dra. Ninawati, M.M). Bachelor Degree in Pyschology Program, Faculty of Psychology, Tarumanagara University (53 Page, P1-P2, L1-L60)

ABSTRACT

Stress level is affected by many factors, one of it is type of personality. This research is aimed to measure if there any stress level differences among college student who was writing thesis regarding their type of personality.

Participants was college student of University X who was writing thesis on even semester of academic year of 2007/2008. The sampling methods used was purposive sampling.

This research was conducted on 268 college student (male = 96, female = 172). Sample was divided into 4 type of personality, that is extrovert – neurotics, extrovert – non neurotics, introvert – neurotics, and introvert – non neurotics. Group differences analysis using One Way Anova technique with level of confidence 95% showed significant differences = 0.000, $p < 0.05$).

The result above indicated that there was stress level differences among college student who was writing thesis regarding their type of personality. Introvert-neurotics experienced the highest stress level, and extrovert – non neurotics experienced the lowest stress level. Female subject experienced higher stres level than male subject. There was no stress level differences among subject regarding their faculty, semester, grade classification, and length of doing thesis.

Keyword: stress levels, type of personality.