

## **ABSTRACT**

**ANDEY MEYNA WINATA**

**Judo Athletes Self Efficacy and Motivation for Achievement Post Physical trauma; (Henny E. Wirawan, M, Hum, Psi); (70 pages + R1-R3, Appendix 1-8).**

Physical trauma can be experienced by most athletes at any sports. Experienced a physical trauma can cause a side effect to athletes, physically or psychologically. To overcome that symptoms, athletes need help from the coach and closest friends. At this case, support from a coach, friends, and family will strongly facilitated a recovery progress. Supports given such as emotional, material, information, achievement support. The result shown that support given is highly influenced a recovery progress, self efficacy, and to create a self motivation. This research has among been done five judo athletes with their achievement that had been on a physical trauma condition and recover, taken from a Judo club at Cempaka Putih from September, 18<sup>th</sup> 2007 until December, 3<sup>rd</sup> 2007.

KeyWord: physical trauma, coach and family support, self efficacy, achievement motivation.