

ABSTRACT

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Implementation Art Therapy in Reducing Anxiety in Pregnant Women with Miscarriage History; (Dr. Monty P. Satiadarma, MS/AT, MCP/MFCC, DCH, Psi.); Graduate Degree in Psychology, Tarumanagara University. (i-xi; 119 Pages; P-1-P-4; L-1-L-4)

Anxiety is an emotional experience that arises because of the threat that is not clear, both from outside or from within the individual. Pregnancy is one thing that can cause anxiety. Women with miscarriage history experience a decrease in quality of life and anxiety increase as they re-pregnant. The purpose of this study is to see whether art therapy can reduce anxiety in pregnant women with miscarriage history. Data collection time was conducted during May-June 2018. This research involved 5 participants with the criteria that have been determined. This study uses quasi-experimental methods and art therapy as a method of intervention. From the showed that art therapy has a role in reducing anxiety in pregnant women with miscarriage history.

Keywords: Art Therapy, Anxiety, Miscarriage.