

ABSTRACT

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Loneliness Suffered by Young Female Adults Experiencing Long Distance Romantic Relationship. (Sandi Kartasasmita, M. Psi.). Undergraduate Program in Psychology of Tarumanagara University. (163 pages, R1-R4, Appendix 1-15).

The objective of this research is to understand loneliness suffered by young female adults experiencing long distance romantic relationship. According to Perlman and Peplau (in Taylor, Peplau, & Sears, 2000) loneliness refers to the subjective discomfort one feels when his/ her social relations lack some important feature. Couples experiencing long distance romantic relationship will suffer loneliness since their intimacy decreases. Intimacy is one of the main characteristics in romantic relationships. Another important characteristics are self disclosure, knowledge of one's partner, trust, commitment, and caring. Data for this research is derived from interviews of four subjects, in late April 2008 until early June 2008. The result shows that every subjects suffers different form of loneliness. Two subjects felt loneliness in the first six months. One subject felt lonely when her lover returned and left. The last one is still suffering loneliness until now.

Key words: loneliness, young female adult, and long distance romantic relationship.