

**The Role of Art Therapy to Reducing Symptoms Posttraumatic Stress
Disorder in Wives Who Experience Domestic Violence**

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The number of violence in women is increasing every year. Domestic violence is the highest case of violence. Domestic violence is one of the most frightening events for people with posttraumatic stress disorder (PTSD). One way that can be used to reduce PTSD symptoms is to use art therapy interventions. The design of his study uses quasi experimental with method mix-method data collection, which aims to see the role of art therapy in helping to reduce symptoms of PTSD in wives who experience domestic violence. Subjects in this study amounted to 2 people and a wife who experienced violence in the household. The measuring instrument used in this research is Clinical Administrated PTSD Scale (CAPS). The result of quantitative analysis shows that art therapy intervention used can reduce PTSD symptoms. This is seen in the decrease of PTSD symptom score as measured by CAPS in all two subjects. While qualitatively, it can be seen that there are changes from the artwork, behavioral observation, the process of intervention, and the interview from the first session to the end of the intervention.

Keywords: Art therapy, Posttraumatic stress disorder, domestic violence