

ABSTRACT

The Effectiveness of Spiritual Formation Programs in Enhancing Spiritual Wellbeing of Medium Seminary Students In Town X.

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Spiritual development, knowledge, humanity and service become the aim of the implementation of spiritual formation program at seminarian to develop in balance. It means that seminarians are prepared to become human beings, have purpose, values, and meaning of life. Judging from the purpose of coaching in seminary, related to efforts to improve the spiritual well-being (SWB). During coaching seminarians are prepared to have a quality relationship with self, fellow, God, and the universe. Individuals who have SWB mean having a quality of life and are reflected in relationships with self, others, nature and God. The linkage of the spiritual formation program with SWB, requires more accurate information in order to know the relationship between the two. The purpose of this research is to see the effectiveness of spiritual formation program in increasing SWB. This research uses non experimental design and evaluation research, quantitative techniques and unstructured interviews. Subject is determined by purposive sampling technique amounted to 79 people, high school seminary students in city X, male, age 14-18 years. The result of the research is a description of the relationship of spiritual formation program with SWB, program effectiveness in increasing SWB. Based on inferential and descriptive analysis at all four levels of Kirpatrick's evaluation (reaction, learning, behavior, and result) shows the effectiveness of the spiritual formation program in increasing SWB in all four dimensions. This means that the spiritual formation program is worth continuing.

Keywords: Program of spiritual formation, spiritual well-being, evaluation of Kirpatrick model.