

**THE INTERVENTION OF SELF-REGULATION EMPOWERMENT PROGRAM TO
INCREASE ACHIEVEMENT MOTIVATION ON NON-REGULAR STUDENTS,
DEPARTMENT X, UNIVERSITY X**

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Abstract

This study aims to increase achievement motivation of non-regular students through Self-Regulation Empowerment Program (SREP). Specifically, this study wants to test the implementation of intervention programs that could increase the achievement motivation. The subjects of this study were 16 non-regular students in the third semester from Department X, University X and were divided into two groups: 8 students in the experimental group and 8 other students in the control group with the number 6 women and 2 men in each group. The design of this research is quasi-experimental design with pre-test-post-test non-equivalent control group. Data collection instruments used in this study is a measuring instrument that was developed achievement motivation by McClelland regarding the characteristics of individuals who have achievement motivation. Data were analyzed using two different test calculations groups with statistical criteria of non-parametric, Mann-Whitney. Calculation method used was comparing the results of the data post-test achievement motivation control and experimental groups. Based on different test calculation, obtained a score ($Z = -2.2$, $p < 0.05$). The results showed that the Self-Regulation Empowerment Program Program has successfully increased the achievement motivation of non regular students Department X, University X.

Keywords:

self-regulation empowerment program, self-regulated learning, achievement motivation, non regular students