Role of Logotherapy to Achieve The Meaning of Life In Early Adulthood Women (Study of Early Adulthood of Women who Infected HIV by Husband)

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Abstract

Transmission of the HIV virus which one of that is through high-risk sexual intercourse further enhance the transmission of HIV virus from positive individuals to negative individuals. When it occurs in HIV-positive wife as transmitted by the husband, it will appear a variety of fears that further aggravated her condition, such as the stigma from society and fears of their children who will be infected with HIV Virus. Inability to face problems related to HIV positive status makes the wives will be increasingly unable to value their precious lives so that the meaning of their lives disappear. The purpose of this study is to determine the role of Logotherapy to achieve the meaning of life in early adulthood of women who diagnosed with HIV Virus since transmitted by her husband. There are three of participants who have low category in the meaning of life based on TaruMiLS (Tarumanagara Meaning of Life Scale) developed by Suvasa with a total of 62 items. Based on the results of Logotherapy intervention for 11 sessions, there is a change between the pretest and posttest showing that Logotherapy managed to help the participants to achieve a more positive meaning of life with the condition of their HIV positive status at this time.

Keywords: Logotherapy, Meaning of Life, Early Adulthood Women, HIV.