

THE MODERATING ROLE OF *PSYCHOLOGICAL DETACHMENT* ON THE RELATIONSHIP BETWEEN JOB STRESS AND JOB PERFORMANCE

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Abstract

The aim of this study is to determine psychological detachment's role as moderator in correlation between job stress and job performance. This study involved 100 participants, 39 married woman dan 61 unmarried woman. They are come from different industry such finance, media, food and beverage dan the other. Based on hypothesis testing by using Pearson Correlation, this study psychological detachment did not play role as moderator in the relationship between job stress and job performance. The result indicates that if subject have a low level of psychological detachment, then there are negative correlation between between job stress and job performance $r = -0,422$ dan $p = 0,023 < 0,05$. The same thing happen when subject have high level of psychological detachment, then there are negative correlation between between job stress and job performance $r = -0,443$ dan $p = 0,013 < 0,05$.

Keywords : Job Stress, Job Performance, Psychological Detachment