

ABSTRACT

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Stress and coping stress teachers who teach deaf student; (Widya Risnawaty, M. Psi dan Ninawati, Dra, MM); Undergraduate Program in Psychology. Tarumanagara University, (96 pages, R1-R5, App dx.1-26)

Become a teacher is one of a job that could easily give stress for those who do that. It's because this job is not only teaching academic, but also increasing their student's socialization and personal development. If they could not handle this stress, it will impact and disturb to their work as well as their health. This research is purposed to identify stress and how to use coping stress for teachers who have deaf children as their students. The research's subjects are five kindergarten teachers who teach deaf students. The results from this research are all the subjects have the major causes of stress are different expectations of reality. To make this coping stress workout are the problem focused coping and emotion focused coping. Problem focused coping which can be done by the whole subject is preparing against harm, aggression or attack. Emotion focused coping which can be done by the whole subject is self-control, seeking social support, accepting responsibility, and positive reappraisal. All subjects did not use coping apathy or inaction. Based on the results of research, the subject can use coping to eliminate stress in teaching deaf children so the subject still can survive for teaching deaf children.

Keywords: Stress, Coping stress, Teacher, Deaf student.