

ABSTRACT

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Adjustment from adolescent who suffer leukemia; (Miniwaty Halim M.Psi & Sandy Kartasasmita, M.Psi); Undergraduate Program of Psychology. Tarumanagara University, (99 halaman; P1-P4; L1-6).

Adolescents deal with many choices in life for their future. Adolescents who suffer from illness such as leukemia regard their lives as more stressful than their healthy peers. Their sources of stress come from the illness and the side effect of medication, for example pain and also the psychological and social effect that follow the process. Adolescents with leukemia also have to go through the same developmental stages as their healthy peers. This study focused on what adolescents with leukemia think about their life situation, the support they get, and process of adjustment about their illness. This research used the theory of adjustment from Haber and Runyon (1984) to find out the effectiveness of their adjustment, their problem focused coping and emotion focused coping while seeking the solution for their problems (Nietzel, Bernstein, & Milich, 1998). This research use the method of indepth interview for three subject (two women and one man) age 12-15 year who still in school. The result of this study shows that three all subject attempt to adjust from their illnesses. Two of them who were diagnosed with leukemia for 4 and 9 months have better adjustment than the other one who was diagnosed since two years ago.

Keyword:leukemia, adolescent, adjustment.