

ABSTRACT

Valentine (705040085)

Image of Psychological Well-Being in Single mother who divorce; (Henny E. Wirawan, M. Hum, Psi, QIA); Undergraduate Program In Psychology, Tarumanagara University. (62 pages; R1-R4; Appdx. 1-12).

Divorce or separation could give negative effect to separated or divorced people physically and psychologically. The person who initiates the breakup is better prepared to weather the separation. Divorce happen more often the younger couple. They must adapt and struggling to achieve a satisfactory balance between their roles at work and their roles in the marriage. Divorce make people must adapt to be single again. Usually, women getting custody for their children. Single mother have many problems that can disturb their psychological well-being. This research was use Ryff's theory. Psychological well-being have six dimensional that must fulliled and have variations by age, gender, and socioeconomic status. Psychological well-being influenced by life experiences and life transitions too (ex. Parenthood caregiving, marital status changes, goal, personality traits, coping strategies) This research was done to 4 subject as single mother with Catholic religion. Whom they are 30-40 years old. This research was done by doing an interview to the subject which had done for 5 months, since 25th November 2008 until 23th April 2009. The results shows that all of them haven't yet psychological well-being in a whole and have different dimensional for each subject. This different dimensional influenced by age, time of separation, religion activity, parenting, social support, and initiator of divorce.

Key words: Divorce, Single mother, Young Adulthood, Psychological Well-being