

ABSTRACT

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Social Support as Stress Coping on Doctors Who Attend Specialist Program in Surgery; (Henny E. Wirawan, M. Hum, Psi., QIA); Undergraduate Program In Psychology, Tarumanagara University, (97 pages; R1-R5; Appdx. 1-16).

Specialist Doctor Educational Program (PPDS) Surgery is the advanced study program for doctors who have reached certain ability, a professional specializes in surgical services and have the ability to absorb, develop, and transform surgery. Many obstacles must be passed by a surgical resident, such as excessive workloads, lack of rest time, the doctor's responsibility to the patient, the problem of relations with other people, family demands, and financial problems. Obstacles faced by these can cause stress for the participants PPDS doctors surgery, a negative effect on the physical, psychological, behavioral and medical participants PPDS surgery. To cope with the stress experienced, surgical resident need social support. Sarafino (2002) divided social support in 5 forms, namely instrumental support, informational support, emotional support, esteem support, and network support. Type of support received and needed depending on the conditions of stress experienced. Research conducted interviews with the method of the subject 4 surgical resident men who have been married. This research was done for 7 months, since September 2008 until April 2009. Results of research show that these four subjects experienced stress during the Education Program Specialist Doctor Surgery. The four subjects received social support, particularly from parents, wife, and friend, in the form of instrumental support, esteem support, and social group support. Social support received positive effect to reduce the emergence of events that can cause stress.

Keywords: Stress, Social Support, Participant Education Program Specialist
Doctor Surgery (Surgery Resident).