

ABSTRACT

Dian Wesiana, Parental Adjustment Toward Their ADHD Child (Meiske Yunitree M. Psi., Dra. Ninawati MM.); Faculty Psychology, Bachelor Degree, Tarumanagara University, 116 pages, P1-P5, Appnx-1-Appnx-20.

The presence of a child with ADHD gives difficulties for parents in the process of nurturing. The difficulties show up in every aspect of child's life, whether at home, at school, or in the public place. Parents need to have an adjustment with those difficulties so they can have a good life in their family. Criteria of a good adjustment are, the presence of an accurate perception of realities, capability to dealing with stress and anxiety, the possession of positive self-image, capability to express feelings, and possession of a good interpersonal relationship. The result of this research shows that subject of this research already doing a good adjustment according to the criterion of a good adjustment. This research is done to 3 couples of husband and wife whose have a child with ADHD.

Key Words: Adjustment, ADHD.