

## **ABSTRACT**

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**Describing of *Self efficacy* early adulthood mother's who has children with ADHD (Miniwaty, M. Psi and Debora Basaria, M. Psi); Undergraduate Psychology Program in Tarumanagara University. (142 pages; P1-P3; L1-L12)**

ADHD is a common behavioral disorder that shown before the child reach seven years old. Kids with ADHD act without thinking, hyperactive, and have trouble focusing. They may understand what's expected of them but have trouble following through because they can't sit still, pay attention, or attend to details. Self efficacy must be owned by mother who had children with ADHD. With a high self efficacy, mother would be able to nurture and support the development of their children. In this case, high self efficacy can be seen when mother repeat the lessons at home, maintaining brotherly relations with siblings, and helping children socialize with peers.

This research uses in depth interviews method to describing of self efficacy a young motherhood who have children with ADHD. Subjects in this research amounted to 4 peoples. This research shows that 2 (two) of the 4 (four) subjects had high self efficacy, so when the problems arise, they are able to deal and resolve the problem. (in terms of nurture their children who have ADHD)

Key words: ADHD, Self efficacy, and Mother.